



July 28, 2013

UCLA Psychology Clinic  
UCLA Department of Psychology  
Box 951563 (2191 Franz Hall)  
Los Angeles, CA 90095-1563

Re: Mark Oakley, Ph.D.

To Whom It May Concern:

Dr. Mark Oakley has asked me to write him a letter of recommendation, and I am delighted to do so. I have known Dr. Oakley since the 1980s, and was so impressed with his work that I recruited him to be a clinical supervisor for the UCLA Psychology Clinic, the training clinic for the Ph.D. program in Clinical Psychology at UCLA (ranked #1 again this year by U.S. News and World Report). To be a supervisor for our Clinic, a psychologist has to demonstrate competence in assessment, intervention and supervision of students, and has to be approved by the entire Clinical Psychology faculty. Dr. Oakley began supervising at the rank of Assistant Clinical Professor in 1988, and was advanced to Associate Clinical Professor in 1995. Advancement to Full Clinical Professor is not automatic, requires evidence of substantial contributions to the field of Clinical Psychology (not just to our program), and is achieved by less than 10% of our Clinical Faculty. Due to Dr. Oakley's record both in the Clinic and in the community, he was advanced to Full Clinical Professor in 2002, the highest and his current rank. Clinical Professors are unpaid, choosing to supervise for the love of teaching bright young minds and giving back to our profession (and they receive a UCLA parking permit).

Dr. Oakley specializes in Cognitive Therapy and Cognitive Behavioral Therapy with an emphasis on treating anxiety, including performance anxiety. He has supervised many students over the years and they consistently give him the highest rating on supervisor evaluations. He is seen as exceptionally bright, as a wonderful communicator, and as highly supportive of the students' growth. Using only evidence-based approaches, Dr. Oakley has very successfully supervised many cases of anxiety and depression, including test and performance anxiety as well as more complex cases with mixed diagnoses. Students particularly value his use of theoretical concepts, research evidence and straightforward practical suggestions. He exhibits great integrity, flexibility and responsibility in his work with the students.

In summary, Dr. Oakley is a talented and ethical psychologist who has supervised many young Ph.D. students whose skills and confidence have been greatly improved through their contact with him. He would be a significant asset to any mental health program; his expertise in CBT for anxiety and mood disorders, including those cases that are complex and refractory to treatment, as well as in behavioral medicine, make him a very versatile and talented clinician and clinical teacher. In addition, Dr. Oakley is a kind and caring person who is a wonderful colleague and is also a great team player. We have been so pleased that he has supervised our students for

25 years!

Sincerely,

A handwritten signature in black ink that reads "Jill Waterman". The signature is written in a cursive, flowing style with a long horizontal flourish at the end.

Jill Waterman, Ph.D.  
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Director, UCLA Psychology Clinic  
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