



April 5, 2013

UCLA Psychology Clinic
UCLA Department of Psychology
Box 951563 (2191 Franz Hall)
Los Angeles, CA 90095-1563

Re: Mark Oakley, Ph.D.

To Whom It May Concern:

Dr. Mark Oakley has asked me to write him a letter of support for positions in Sports Psychology, and I am delighted to do so. I have known Dr. Oakley since the 1980s, and was so impressed with his work that I recruited him to be a clinical supervisor for the UCLA Psychology Clinic, the training clinic for the Ph.D. program in Clinical Psychology at UCLA (ranked #1 again this year by U.S. News and World Report). To be a supervisor for our Clinic, a psychologist has to demonstrate competence in assessment, intervention and supervision of students, and has to be approved by the entire Clinical Psychology faculty. Dr. Oakley began supervising at the rank of Assistant Clinical Professor in 1988, and was advanced to Associate Clinical Professor in 1995. Advancement to Full Clinical Professor is not automatic, requires evidence of substantial contributions to the field of Clinical Psychology (not just to our program), and is achieved by less than 10% of our Clinical Faculty. Due to Dr. Oakley's record both in the Clinic and in the community, he was advanced to Full Clinical Professor in 2002, the highest and his current rank. Clinical Professors are unpaid, choosing to supervise for the love of teaching bright young minds and giving back to our profession (and they receive a UCLA parking permit).

Dr. Oakley specializes in Cognitive Therapy and Cognitive Behavioral Therapy with an emphasis on treating anxiety, including performance anxiety. He has supervised many students over the years and they consistently give him the highest rating on supervisor evaluations. He is seen as exceptionally bright, as a wonderful communicator, and as highly supportive of the students' growth. Using only evidence-based approaches, Dr. Oakley has very successfully supervised many cases of anxiety, including test and performance anxiety as well as more complex cases with mixed diagnoses. Students particularly value his use of theoretical concepts, research evidence and straightforward practical suggestions. He exhibits great integrity, flexibility and responsibility in his work with the students.

I believe Dr. Oakley is currently consulting with the UCLA Swim and Baseball teams. As a rabid UCLA football and basketball fan, I would have complete faith in his work with student-athletes in any sport. Unless he specifically wishes to, I hope he doesn't end up working with athletes from USC because I think his consultation could definitely increase the performance of whomever he works with! In summary, Dr. Oakley is a talented and ethical psychologist who has supervised many young Ph.D. students whose skills and confidence have been greatly improved through their contact with him, and I believe that the skill and confidence of athletes would benefit equally well from his consultation. I recommend him most highly and without

reservation for consultation positions in Sports Psychology.

Sincerely,

A handwritten signature in black ink that reads "Jill Waterman". The signature is written in a cursive, flowing style with a long horizontal flourish at the end.

Jill Waterman, Ph.D.
Adjunct Professor of Psychology
Director, UCLA Psychology Clinic
310-825-3240
waterman@psych.ucla.edu

January 8, 2020

Attention: Mr. Ron Porterfield
Director of Player Health
Department of Baseball Operations
Los Angeles Dodgers

RE: Coordinator, Employee Assistance Program

Dear Mr. Porterfield,

Mark E. Oakley, Ph.D. has asked me to write a letter of recommendation in support of his application for the position of Coordinator, Employee Assistance Program of the Los Angeles Dodgers, which is an honor and pleasure. I have known Dr. Oakley for over twenty years and am very familiar with his professional capabilities and interpersonal style, both of which will be ideally suited for this position.

I have been the EAP Director for the Los Angeles Angels for the past eight years and I am very confident that Dr. Oakley will be a superb match for the Los Angeles Dodgers. Dr. Oakley brings a high level of psychological expertise and professionalism blended with an approachable and relatable personal demeanor. He has worked with adolescent, young adult and adult elite and professional athletes for much of his career. Equally important, Dr. Oakley has a broad range of experience working with non-athletes, which makes him ideally suited to address the personal and professional issues of 40 and non 40 man players. In that Dr. Oakley would be able to accurately and quickly recognize when a player may be experiencing a mental health issue or crisis, despite a player issue initially presenting as a "performance problem". Further, Dr. Oakley is quite knowledgeable about effective treatment of alcohol and substance abuse disorders.

Dr. Oakley is a Fellow of the Academy of Cognitive Therapy, which I have found to be strategic in matching highly trained and vetted licensed mental health clinicians with players across the country and around the world, via the Academy's membership referral lists. Dr. Oakley is considered an expert in Cognitive Behavior Therapy, an evidence and science based form of mental health treatment, is highly regarded among his peers, and as stated above, has a warm and engaging personality that sets individuals at ease across a wide range of ethnic and cultural backgrounds. Additionally, I would not hesitate to ask Dr. Oakley to cover my professional responsibilities during any absence.

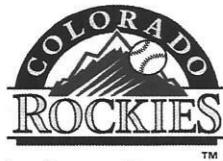
Another distinguishing skill of Dr. Oakley that would make him an ideal candidate for this position is his background in Sport Psychology. He worked extensively with Dr. Ken Ravizza, who I met during the tenure of my work with the Los Angeles Angels. Dr Oakley has worked effectively with Major League Baseball players and MLB Team Sport Psychologists, as well as Division 1 collegiate baseball players and coaching staff.

It is without reservation that I recommend Dr. Oakley for this position as EAP Coordinator and know that he will greatly strengthen the EAP program for the Los Angeles Dodgers. Feel free to contact me directly if you have any questions or would like additional information.

Sincerely,

Erik J. Abell, Ph.D.

Erik J. Abell, Ph.D.
Clinical Psychologist - CA License PSY16096
EAP Director and Team Psychologist - Los Angeles Angels



2001 Blake Street, Denver CO 80205

Douglas R. Chadwick, PhD
1232 Sharpestowne Court, Mt. Pleasant, SC 29466
714-423-8489
douglas.chadwick@rockies.com

January 12, 2020

Dear Mr. Porterfield,

It is with great enthusiasm that I offer my highest recommendation for Dr. Mark Oakley for your position as Mental Health Coordinator. I have had the privilege of knowing and collaborating with Dr. Oakley for the last 4 years, and I am confident in declaring that you are unlikely to find a more ideal candidate for your position. Mark has a depth and breadth of education, training, and professional skills that make his work within professional baseball a perfect fit.

As you review Dr. Oakley's vitae, you will undoubtedly recognize his stellar background as a scholar. With over 30 years of demonstrated expertise as a professor within UCLA's world renown Clinical Psychology program, it is of little question that he has a mastery of the didactic foundations of his profession. Perhaps more importantly for the requirements of your position is Dr. Oakley's exceptional skill as an applied clinical practitioner. In addition to his teaching, he has maintained a highly acclaimed private practice for over 25 years where he has worked extensively with elite athletes.

Mark is simply an exemplar communicator and clinical professional. Before ever actually collaborating with him in my role as the Colorado Rockies Mental Skills Coordinator, I was advised by my mentor and recognized performance psychology expert, Dr. Ken Ravizza, to seek out Mark for his specialized expertise in dealing with performance anxiety issues. When I was challenged with a couple of players with extreme and persistent anxiety, I referred them directly to Dr. Oakley. In both cases, Mark provided them with the skills necessary to overcome their issues and return to an elite level of baseball performance. Additionally, Mark demonstrated a willingness and ability to communicate effectively with me to ensure the long-term efficacy of his work with the athletes. Given my experiences, I am certain his communication and coordination skills will allow Mark to aptly perform the necessary duties of a Mental Health Coordinator.

I have greatly benefitted and enjoyed getting to know Dr. Oakley. I can say with great conviction that he will contribute immensely to your organization. My only hesitance in offering my endorsement is that I know he will be helping an opposing team; however, I cannot allow my selfish inclinations prevent me from promoting a genuine expert in his field.

Please, do not hesitate to contact me at 714-423-8489 or douglas.chadwick@rockies.com regarding any further questions about his potential.

Kindest Regards,

Douglas R. Chadwick, PhD
Certified Mental Performance Consultant (CMPC)
Director, Mental Skills Development
Colorado Rockies Baseball Club